

"Confident that with YOUR help, man will be what he was born to be: free and independent."

"There is great profit in relieving the suffering of others. And there is great expense in exploiting the suffering of others. In the end, the Creator and karma render the final accounting."

"You never change things by fighting existing reality. To change something, build a new model that makes the existing one obsolete."

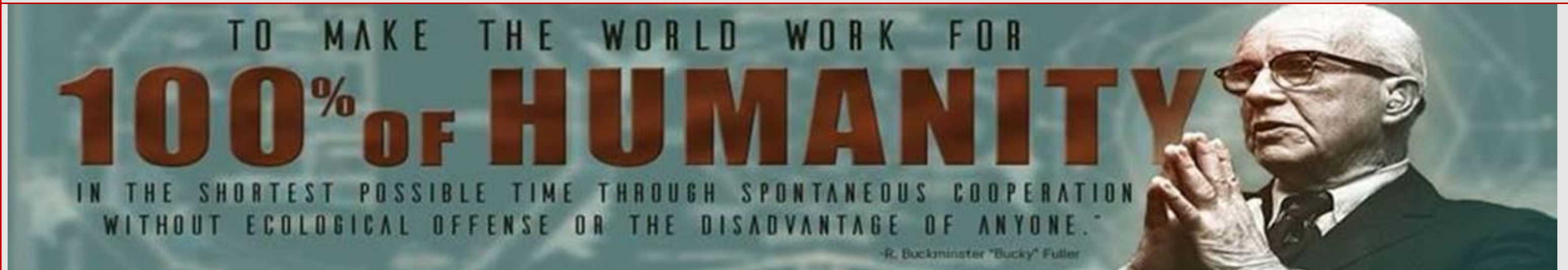
"Does the individual have the courage to really go along with the TRUTH?"

"It is a crime for any citizen to shrink from controversy."

"When TRUTH represents an existential threat, then censorship is deployed."

John F. Kennedy.

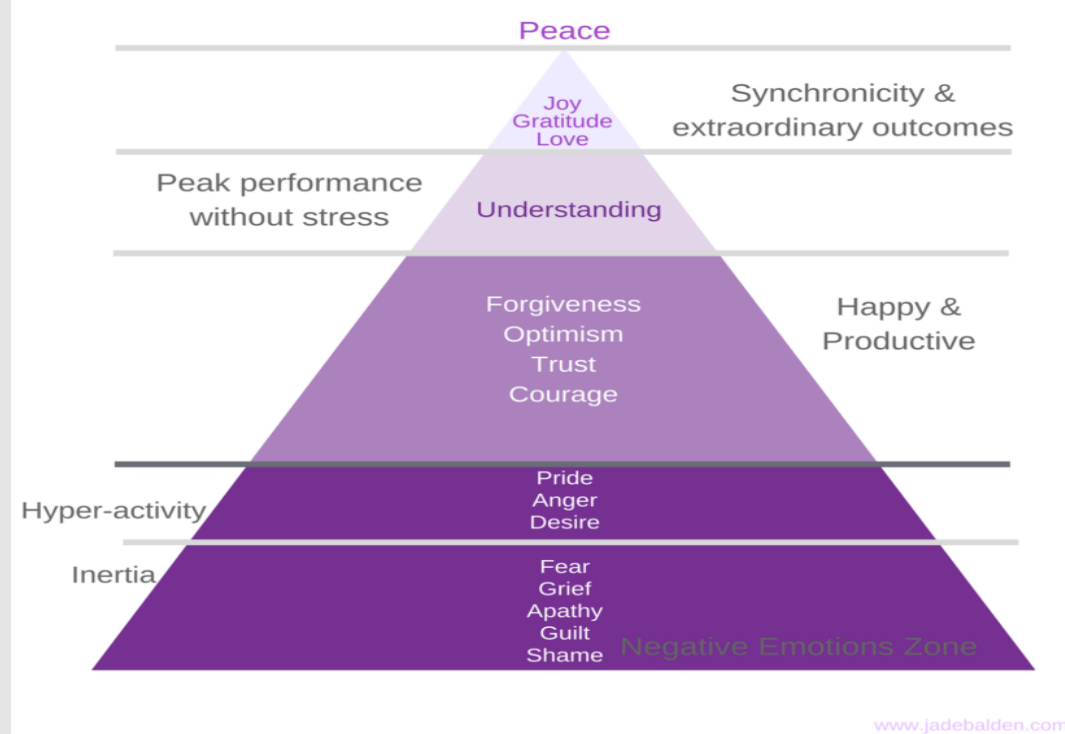
#QArmy : QVideo : QMap : What is Truth? : Some Explaining to do. : Healing and Restoration : Constitution.



.....starts with one person, one relationship, one family, one neighbor, one neighborhood, one village, one community, one city, one state, one nation, at a time...simultaneously.

Levels of Consciousness

Source: Dr. David Hawkins



SYNCHRONICITY and ELECTRIC UNIVERSE.

Epigenetic Recipe for Humanity:

1. Induce delta waves.
2. Rest regeneratively for 8 hours. (regeneration occurs within the space between).
3. Produce chromosomal telomere health.
4. Add hemi sync neural oscillation.
5. Mix with love, gratitude, and joy. Serves Humanity. **Oh boy!**does the winged life deploy! Ride the Wave!

Effective regenerative supplements: Co-Q10, B-12, Magnesium, Krill oil, Turmeric, Curcumin, Methyl Folate, A, Probiotics, D-3, Bioastin, K-2, Trans-Resveratrol, and Paleo-Aerobics.

Sent from the New Republic.
playlist.



CONSTITUTIONALISM.....is the new counterculture.